

# T-2 and HT-2 and other mycotoxins in food

Results of surveys performed by consumer organisations

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OCU

# Who we are

- Member of BEUC, the European Consumer Organisation
- 4 countries:
  - Belgium Test-Aankoop / Test-Achats
  - Italy Altroconsumo
  - Portugal DECO Proteste
  - Spain OCU
- Independent consumer organisation

# Why food safety surveys?

- Detect food safety problems, eg mycotoxins
- Is the legislation sufficient to protect consumers safety or is new or more complete legislation needed?
- Inform our members: magazine publication

# Our mycotoxin surveys

## 2005

- Before regulation  
1881/2006
- 280 products in 4 countries
- Beer, red wine, grape juice, corn based products, baby cereals, bread, pasta and pistachios

## 2013

- Regulated mycotoxins and not regulated, “new” mycotoxins (derivatives)
- 173 products in 4 countries
- Cereal products with special focus on rye , whole-wheat and multicereal products: bread, muesli, baby cereals, oatmeal, biscuits and pasta

	2005	2013
Aflatoxins B1,G1,B2,G2	✓	
Ochratoxin (OTA)	✓	
Thrichothecens  Type A: T2, HT2, diacetoxyprenol (DAS) Neosolaniol  Type B: Deoxynivalenol (DON) DON-derivatives Fusarenon-X	✓	✓ ✓ ✓  ✓ ✓ ✓
Zearalenones  Zearalenone $\alpha$ - Zearalenone B- Zearalenone		✓ ✓ ✓
Fumonisin	✓	
Ergot alkaloids		✓

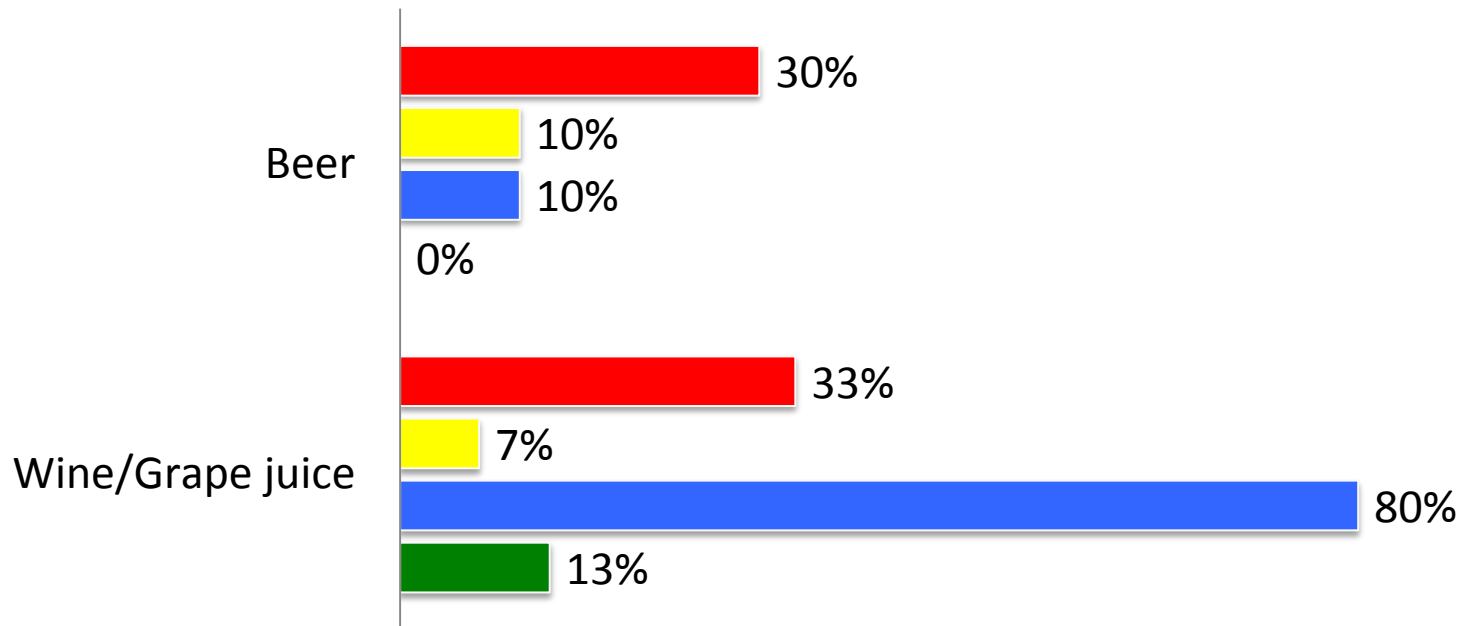
# Mycotoxins as parameter in comparative tests

- Baby cereals: Spain – 2013
- Spices: 4 countries - 2011

# 2005: Ochratoxin A in wine, beer and grape juice

## % of products containing OTA

Spain Portugal Italy Belgium



# 2005: Ochratoxine A in wine, beer and grape juice

Concentrations:

beer: 0.014 – 0.12  $\mu\text{g}/\text{kg}$

wine: 0.2 – 1.36  $\mu\text{g}/\text{kg}$

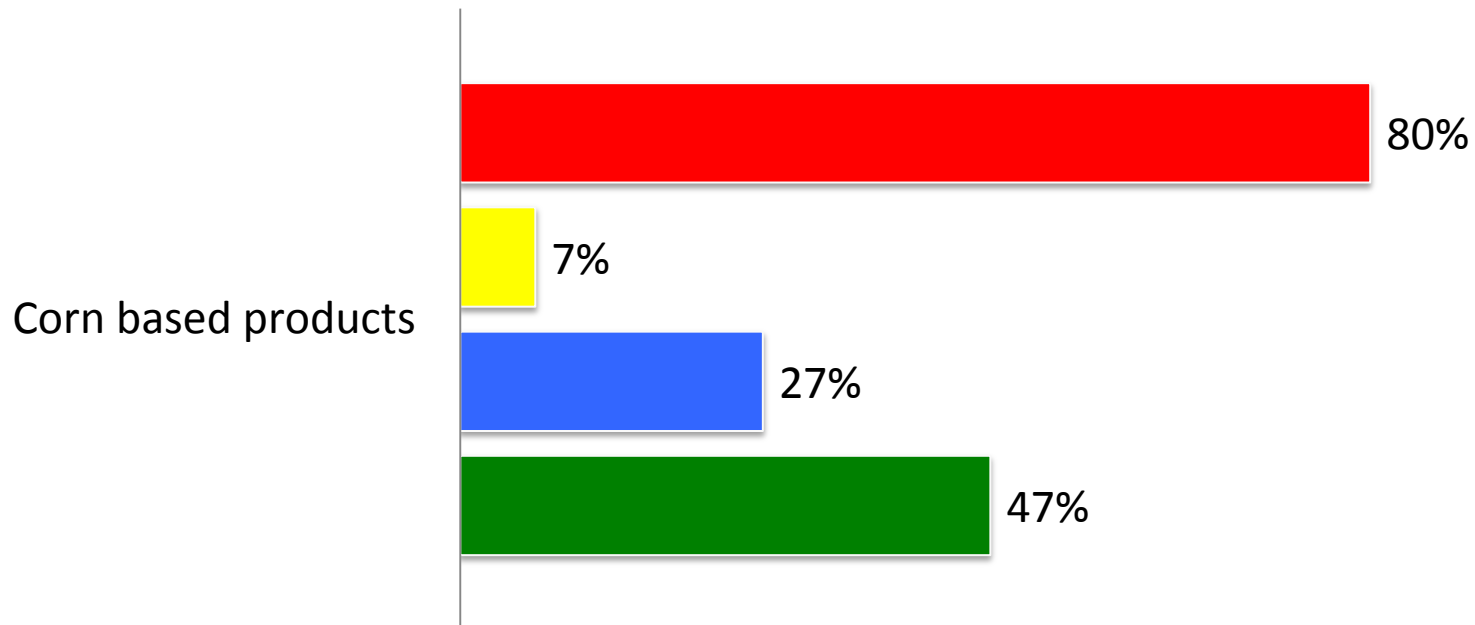
grape juice: 0.21  $\mu\text{g}/\text{kg}$



# 2005: Aflatoxins, DON and fuminosins in corn based products

## % of samples containing fuminosins

■ Spain ■ Portugal ■ Italy ■ Belgium



# 2005: Aflatoxins, DON and fuminosins in corn based products

- Concentration of fuminosins:
  - 105 -5499  $\mu\text{g}/\text{kg}$
  - 10 samples (17%) with levels above the current legal limit
- No DON or aflatoxins detected

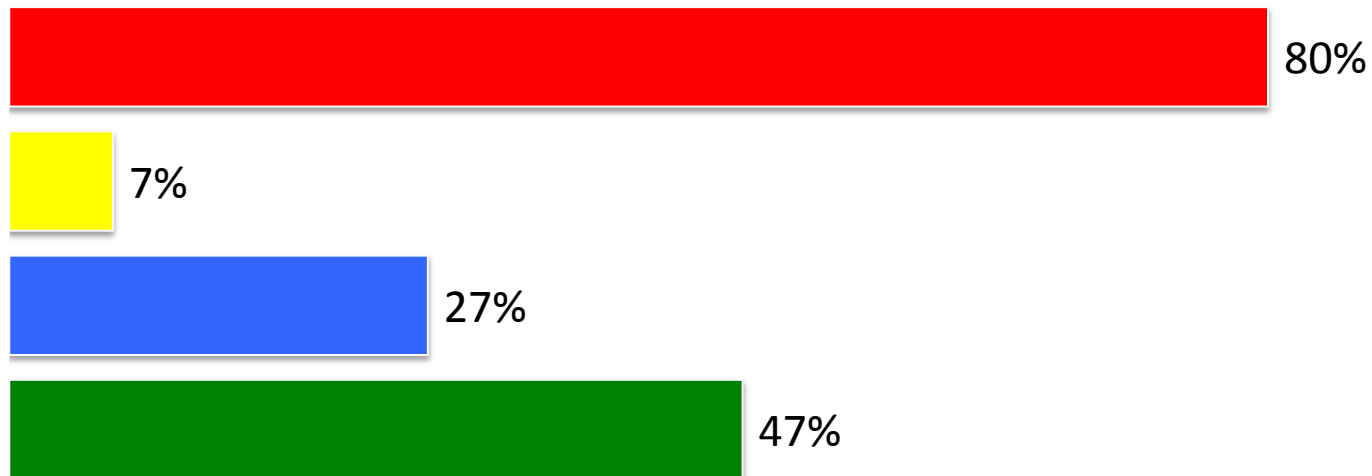
# 2005

- Aflatoxins and ochratoxin in baby food: 0%
- DON in wheat products: 0%
- Aflatoxins in pistachios: 0%

# 2013: Ergot alkaloids

## % of contaminated products

■ Spain ■ Portugal ■ Italy ■ Belgium



# 2013: Ergot alkaloids

- Concentration:

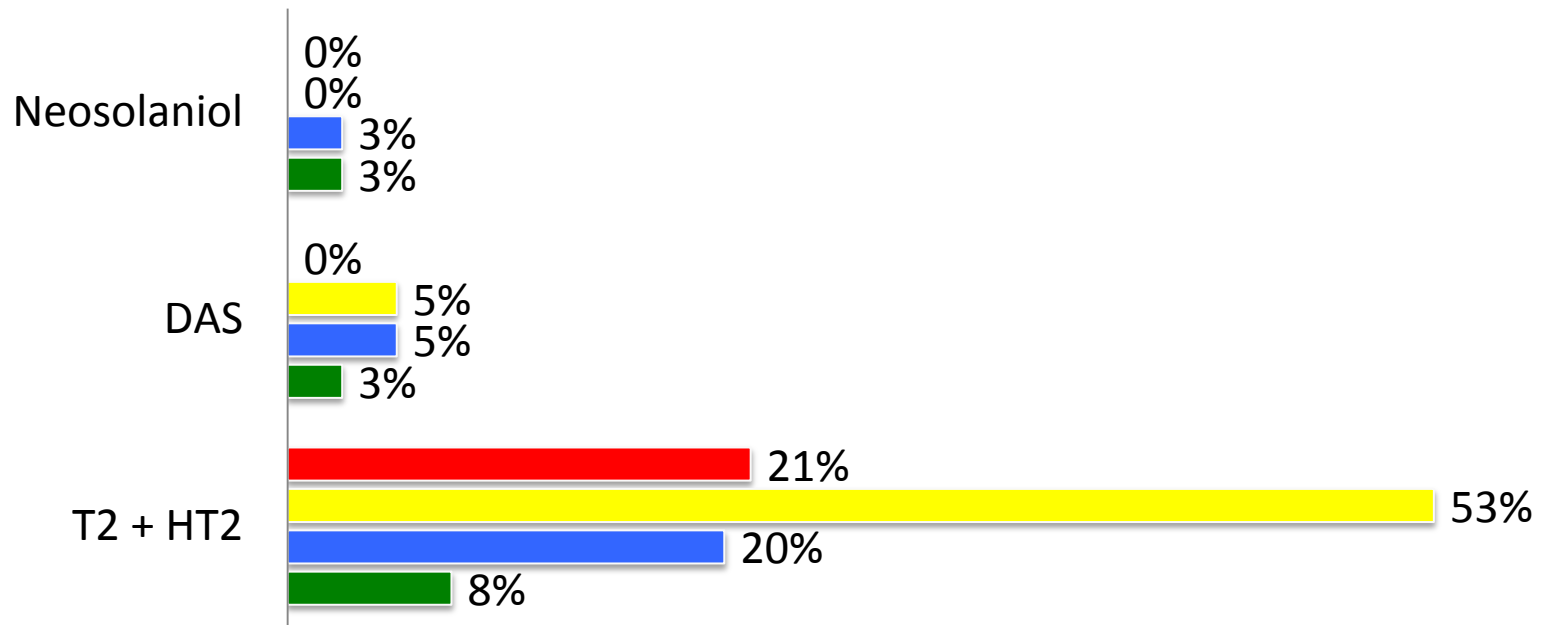
Sum of ergot alkaloids < 50 ppb

- Switzerland: limit of 100 ppb

# 2013: Thrichothecens type A

## % of contaminated products

■ Spain ■ Portugal ■ Italy ■ Belgium



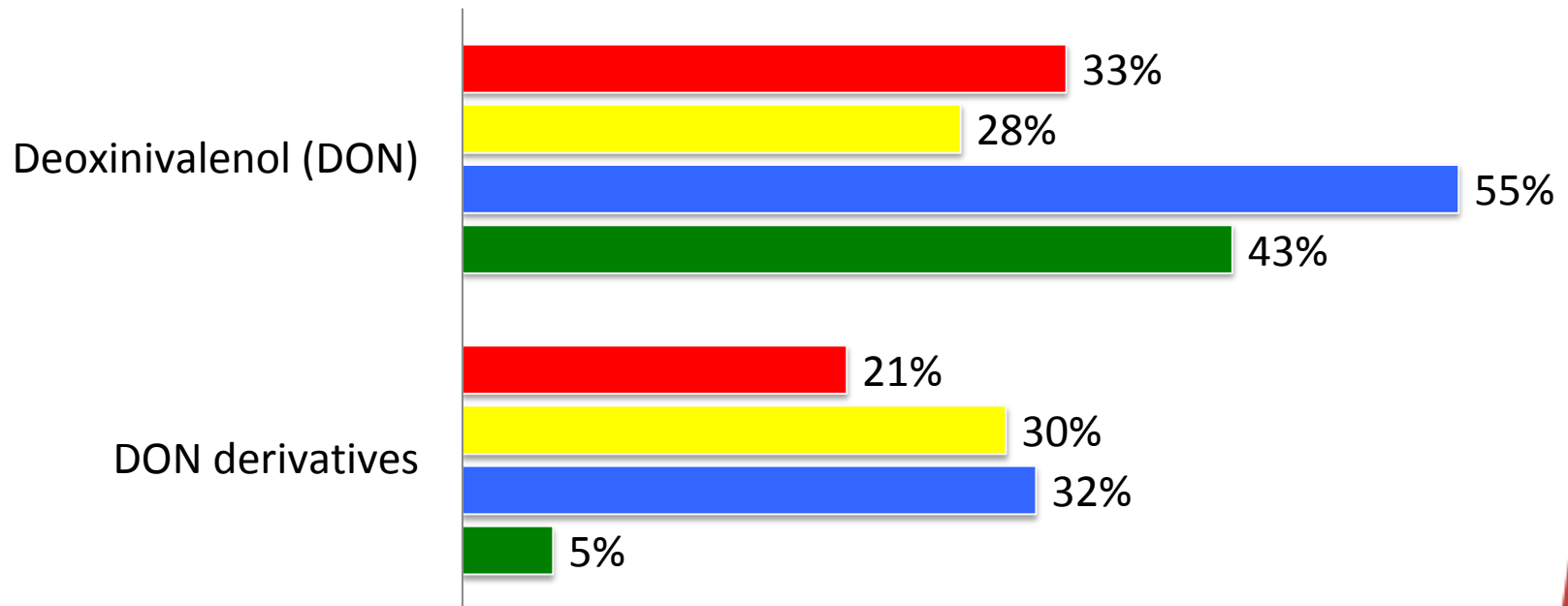
# 2013: Trichothecens Type A

- Many samples contain T2 and/or HT2, but in low concentrations ( $< 50 \mu\text{g}/\text{kg}$ ):
- Few samples contain DAS, mostly in low concentrations (17 – 41  $\mu\text{g}/\text{kg}$ )
- Few samples contain Neosolaniol ( 72 -131  $\mu\text{g}/\text{kg}$ )

# 2013: Trichothecens type B

## % of contaminated products

■ Spain ■ Portugal ■ Italy ■ Belgium





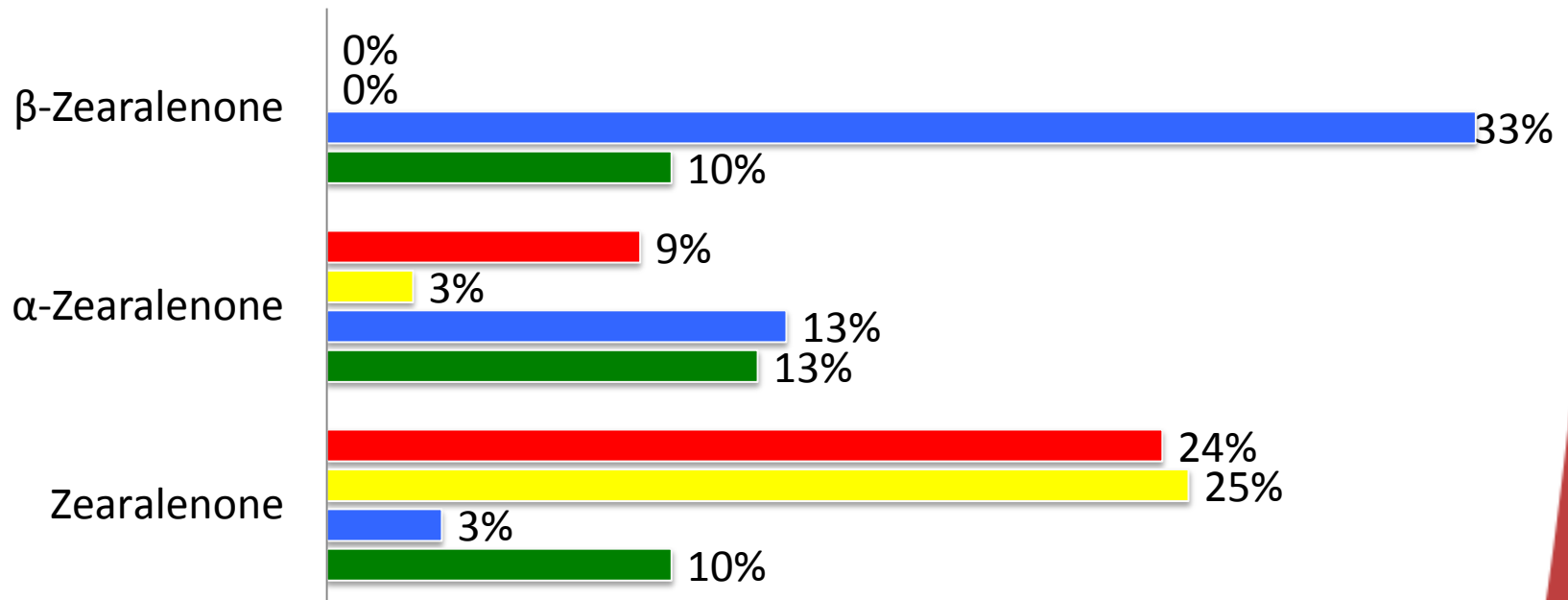
# 2013: Trichothecens Type B

- Only 1 sample above the legal limit of DON (Belgian multicereal bread)
- Levels of DON + DON acetyl derivatives are below legal limit of DON

# 2013: Zearalenon and derivatives

## % of contaminated products

■ Spain ■ Portugal ■ Italy ■ Belgium

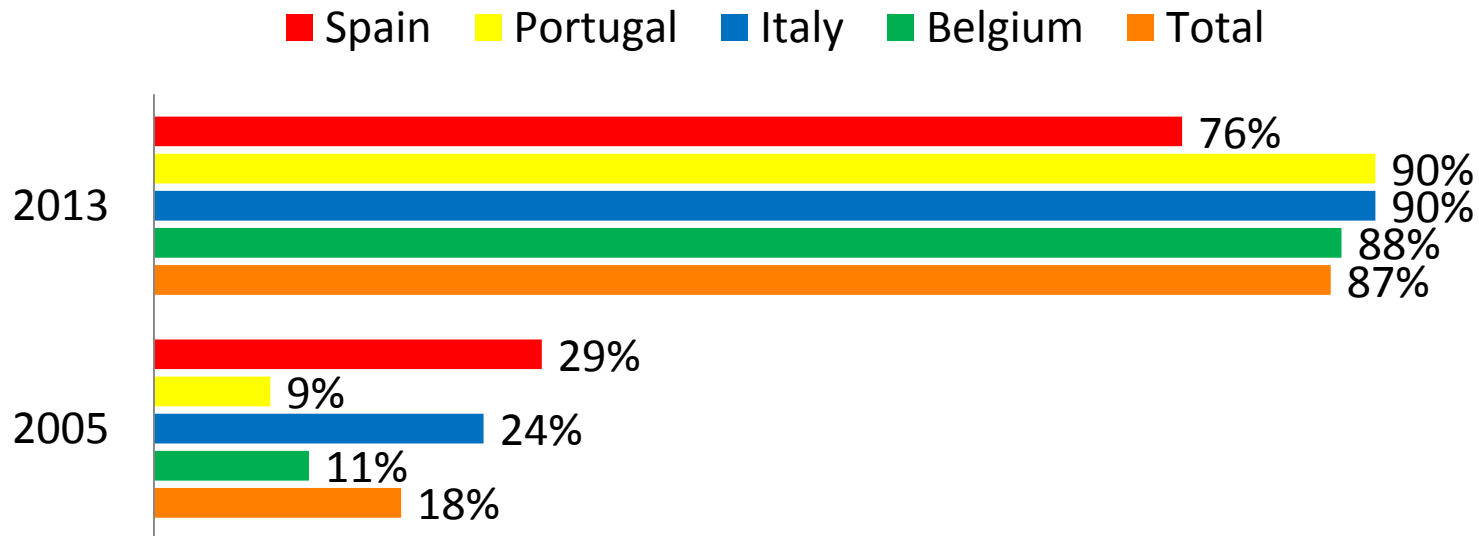


# 2013: Zearalenone and derivatives

- Zearalenone levels not above legal limit
- Zearalenone + its derivatives: 5 products above the legal limit of Zearalenone  
(main contribution of  $\alpha$ -Zearalenone, which is more toxic)

# Overview of results

## % of contaminated products



2013: 67% of samples is contaminated with non-regulated mycotoxins

# Mycotoxins in comparative tests

## Baby cereals (2013):

- Sum of aflatoxins: contamination in 4 of 15 products (26.6%): 0.2 - 0.5  $\mu\text{g}/\text{kg}$
- Sum of aflatoxins is not regulated by EU Regulation 1881/2006!
- Ochratoxin, Vomitoxin, T2, Fuminosin, Aflatoxin M1: not detected

# Mycotoxins in comparative tests

Spices (2011): 97 samples in 4 countries

- Aflatoxins: no levels above legal limit
- Ochratoxin A: 3 samples with levels above the legal limit
- Strict controls remain necessary

# Conclusion

- High percentage of everyday products is contaminated with mycotoxins (up to 87% in our latest study)
- Need for knowledge about mycotoxin derivatives (toxicity)
- New legal limits are needed (with priority for Zearalenones and T2/HT2, baby cereals)

# Questions?

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